



One goal of the MTA is to encourage commuting. With MTA's bike racks, we're making commuting easier for bike riders. So if steep hills, hard-to-negotiate bridges and tunnels have kept you off your bike, it's time to get back on. Every day you leave your car in the garage is a day we all breathe a little easier.



**It's a Brand New Way to Ride.**

130 Nestor Street • Nashville, TN 37210  
Phone: 615-862-5950 • TTY: 615-880-3286

ADA Coordinator: 615-862-5950  
AccessRide: 615-880-3970

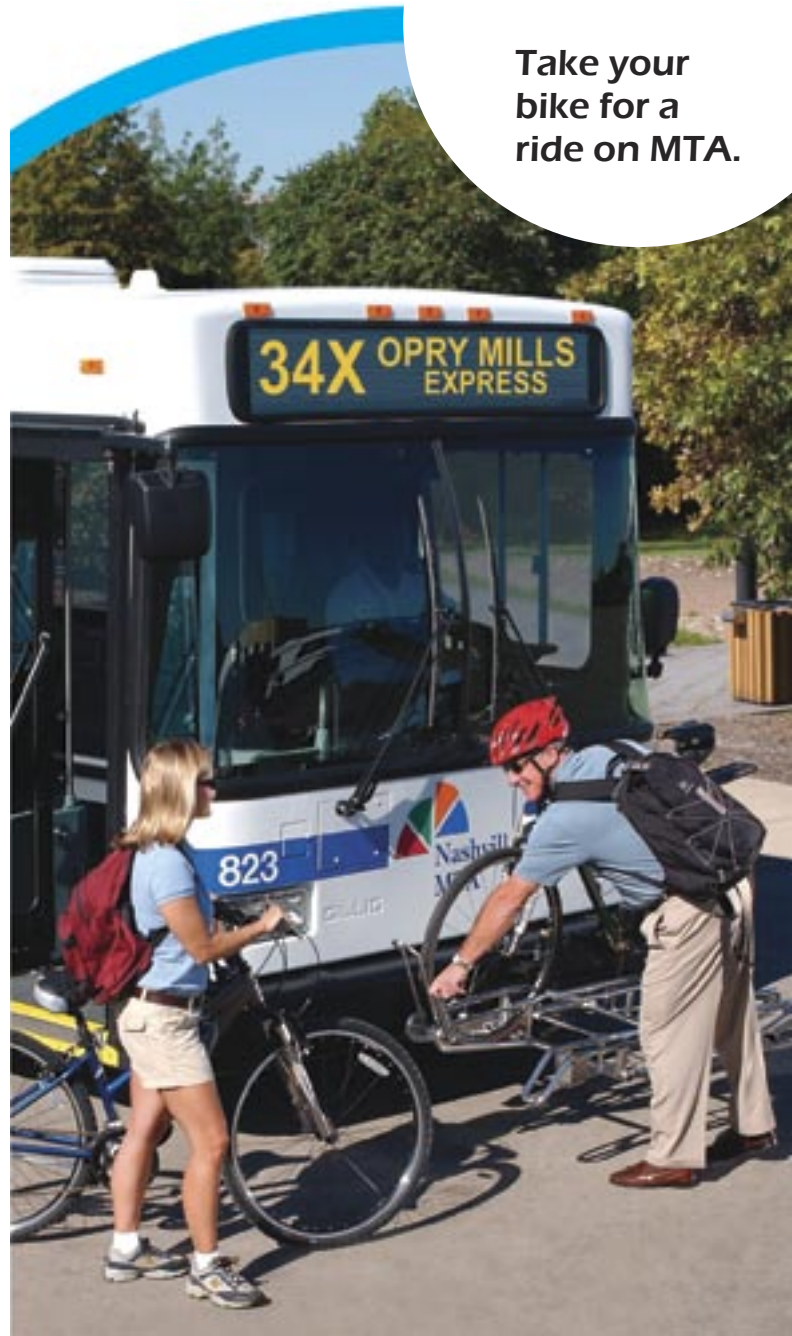
[www.NashvilleMTA.org](http://www.NashvilleMTA.org)

Bicycles provided by Cumberland Transit



## **Bike and Ride**

**Take your  
bike for a  
ride on MTA.**



# Now your bike can go everywhere you go.

Whether your bike is your main method of transportation or your favorite way to exercise, riding around Nashville just got easier. That's because every bus in the Metropolitan Transit Authority fleet is fitted with an easy-to-use bike rack. In just a few seconds, you can securely store your bike and ride in comfort. It's a great alternative for those days you get caught in the rain.

MTA offers 37 routes that crisscross the city. Chances are you'll find one near your work or your favorite bike trail. For a complete list of maps and schedules, visit our Web site at [www.NashvilleMTA.org](http://www.NashvilleMTA.org).



## A few seconds is all it takes.

Stowing your bike is easy and fast.

1. Squeeze metal handle in the center of the rack and pull down.
2. Place your front wheel in the tray.
3. Rotate the knobbed handle around to secure your front tire in the rack.
4. Release the knobbed handle to allow the arm to clamp down the front tire.

